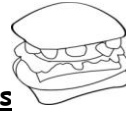


## Kindergarten Points of Interest



### Lunch and Snacks

- We will eat lunch in the classroom around 12:00 everyday. Please send your child with a lunch and drink daily. These will be stored in their cubbies, so you may wish to place an ice pack in the lunch sack to keep items cold.
- Please remember that we are a **NUT FREE school**, and if anything comes in your child's lunch with nuts in it, I will not be able to let them eat it.
- We will not be able to heat anything up, as there won't be a microwave in the classroom, so please plan accordingly.
- Healthy lunch ideas (Remember, these are just ideas, not mandatory): a sandwich with meat and cheese, crackers and cheese, fruit, veggies with dip, pretzels, pita bread with humus, yogurt, water bottle, milk, etc. If you allow your child to help in the preparation of their lunches daily, they may be more likely to be excited to eat it all up!
- If your child is used to a morning snack, we will have snack around 10:00 daily. I ask that you send a small snack in your child's lunchbox for them to have at this time. Please talk with them about what their snack is. I will provide a drink for this time.
- Healthy snack ideas (remember, these are just ideas, not mandatory): goldfish, pretzels, kix, cheerios, raisins, oatmeal squares, Nutri Grain Bar, Craisins, graham crackers, cheese stick, fruit, veggies, etc.



### Class Pet

- In lieu of Show-N-Tell this year, we will be having a class pet that will go home weekly (**On Friday, to be brought back the next Friday**) with a student. **Don't worry, this pet is a stuffed frog and can be washed in the washing machine!** The kids will get to name our pet frog and feel ownership of him. When it is your child's week with the frog, a notebook will go home with the pet. I ask that you help them to write two sentences or so about the most fun thing the pet frog got to do. You can help them with spelling and if they struggle with writing a certain letter, but I ask that you not completely write the whole thing for them. They may then draw a picture under the writing of what they wrote. They should get at least a few turns with the pet throughout the year!



### Monthly practice sheets

- Each week, some practice sheets (mostly literacy and math related) will go home with the students **in their Friday folder** and will be labeled practice sheets. (no more than 2 per week) These are for your child to do at their leisure throughout the next week to practice skills we have been working on in class. This will in turn help them to feel more confident in class. They will need your help with these, but I ask that you only guide them. **There will be no need to send these back to class...the practice will be just that, practice.**

